WELCOME PACKET

DAY SUMMER CAMP 2027

GILMONT
CAMP & CONFERENCE CENTER
EST. 1940

HELLO CAMPER FAMILY!

We consider it a blessing and privilege to have the opportunity to welcome your camper(s) to Gilmont Summer Camp 2027! We look forward to the friendships formed and deepened, the faith cultivated, and the fun shared at camp this upcoming summer.

The purpose of this packet is to clarify expectations, answer questions, and prepare you for a great time at Gilmont. Within this packet, you will find information that will support you and your family in getting the best experience at Summer Camp. Please read the information carefully. If you have any additional questions or concerns after reviewing the materials, please contact us at 903-797-6400.

Crosby Fleming
Gilmont's Program Director

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SUMMER CAMP OUTCOMES

Gilmont's mission is to cultivate a safe, sacred space where all are invited to grow closer to God, creation, others, and themselves.

At Summer Camp, we do just that! While having fun, campers gain new skills and develop emotionally, socially, spiritually, and physically.

A safe, sacred space...

Campers at Gilmont practice living in an intentional Christian community where respect, kindness, and encouragement are the norms and expectations. Campers and Summer Staff work together to create community guidelines with boundaries and expectations that the group follows throughout their stay. When conflicts arise, campers learn and practice conflict resolution centering grace, understanding, and forgiveness.

respect for others • setting and respecting limits • conflict resolution

All are invited...

While campers participate in the majority of activities with their cabin groups, participation looks different for each camper. Gilmont believes in and practices challenge-by-choice, meaning campers choose how far to stretch themselves in any given activity. Many activity blocks have options for campers to self-select their engagement based on their interests.

discernment • meaningful participation • creative self expression

Grow closer to God...

Gilmont is a place to not only learn about God and God's people in Bible Study, but to also experience God's love, wisdom, and goodness throughout the camp day. Gilmont encourages campers to wonder and ask questions about humanity, the church, God, and Jesus as a means of growing in faith. All campers participate in Prayer Stations where they engage in contemplative spiritual practices that they can continue to do at home.

wonder • reflection • applied faith

Grow closer to creation...

Gilmont offers a unique environment removed from daily life where campers slow down, listen to the sounds of birds, and observe the natural world. Creation becomes a site of recreation, prayer, and community building. As campers connect with nature, they learn more about the local biosphere, develop an affinity for creation, and learn their responsibility as children of God to care for the Earth and it's inhabitants.

appreciation for living in the moment • an affinity of nature • stewardship

Grow closer to others...

New friendships are formed and old ones are strengthened at camp. Campers bond during camp activities and befriend people who are different from them. They learn to work together to achieve a successful camp day and live alongside each other in the cabins. Gilmont's trained summer staff are their heroes and model positive social interactions centering listening, love, and encouragement.

positive social interactions • cooperation • communication

Grow closer to themselves...

At Gilmont, campers are exposed to new activities, learn new interests, and challenge their skills all while having fun in a safe environment. They feel proud of their achievements and capabilities and are inspired to try their best at new things. Away from the home environment, campers develop a strong sense of identity as beloved children of God.

physical activity • confidence • independence

SUMMER CAMP CHECKLIST

The following are tips and tricks to ensure your camper(s) are prepared for a fun and meaningful week at Summer Camp! Print this page and use it as a guide to get ready for camp.

BEFORE YOU REGISTER

- [ ] Talk to your camper about coming to camp! Share with them why you are sending them to Gilmont Summer Camp and what you hope they will get out of this experience. Listen for what they look forward to at camp or any worries they may have.
- [ ] If your family has any concerns or questions about Gilmont Summer Camp, contact Gilmont's Program Director, Crosby, at crosby@gilmont.org. You are invited to request a tour of Gilmont!

WHEN YOU REGISTER

- [ ] Provide thorough information on the Camper Information Form. Gilmont is committed to supporting campers during their time at Gilmont so they can have fun, make new friends, connect with the outdoors, and deepen their faith. Help us support your camper by sharing with us their interests, fears, personality, and other relevant details. Please disclose if your child has anxiety, depression, sensory sensitivities, ADHD, picky eating habits, or other unique needs.

THE WEEK BEFORE CAMP

- [ ] Note the arrival and departure details in this Information Packet (page 5).
- [ ] Log back into your CampBrain account and confirm that the Dismissal, Medical, and Camper Information forms are correct. Be sure to include yourself on the Dismissal form.

THE FIRST DAY OF CAMP

- [ ] Use the packing list in this Information Packet to help your camper pack for camp (page 3).
- [ ] Bring a completed medication form (page 10). Carry your camper's medications in a labeled, plastic bag.

DURING CAMP

- [ ] Continue to use the packing list to help your camper pack for camp (page 3).
- [ ] Bring a photo ID to pick up each day.

PACKING LIST

To get your campers more excited about camp, we suggest they pack their own camp gear - with your guidance. It is also a good step of independence for your camper.

Camp is a place for all to be loved and accepted as children of God. In that light, we ask that you do not bring personal items with political statements or divisive views printed on them.

A few tips:

- Don't buy a lot of new clothing - this is camp, and we will most likely get wet and dirty!
- Don't send anything that you would consider irreplaceable.
- Label all of your child's belongings with their name.

We ask that you do NOT pack a lunch for your camper. Gilmont can accommodate many different diets. If your camper has a dietary restriction or allergy, please disclose this information on the Camper Information form. If your camper is picky, please email crosby@gilmont.org so we can make sure they will have a lunch option they will enjoy!

WHAT TO WEAR TO CAMP

- Shorts (modest length please)
- Shirts (t-shirts are great)
- Closed toed shoes
- Raincoat/poncho on rainy days
- Baseball cap/sun hat

MUST BRING

FOR POOL

- Swimsuit (one piece or trunks with drawstring)
- Non-white shirt to wear over swimsuit
- Sandals for pool, must have a heel strap
- Towel
- Plastic bag to put wet clothes in

OTHER

- Reusable water bottle
- Backpack
- Sunscreen
- Insect repellent

LEAVE AT HOME

- Electronics (computers, tablets, game systems, headphones)
- Food, candy, or gum
- Money
- Drugs, alcohol, nicotine products
- Personal sports equipment
- Weapons (includes pocket knives)

DAILY SCHEDULE

Below is the daily schedule for Day Camp.

Day Camp

8:30am - 9am	Drop Off
9:00am - 9:30am	Morning Celebration
9:30am - 10:30am	Activity Block 1
10:30am - 11:30am	Activity Block 2
11:30am - 11:45am	Pavilion Time
11:45am - 12:45pm	Lunch
12:45pm - 1:30pm	Rest / Change for swim
1:30pm - 2:00pm	Group Games
2:00pm - 3:00pm	Swim
3:00pm - 3:30pm	Snack / Change from swim
3:30pm - 4:30pm	Bible Study
4:30pm - 5:00pm	Pavilion Time
5:00pm	Pick Up

GILMONT ACTIVITIES

Arts & Crafts	Teambuilding
Swimming	Nature Activities
Pavilion Games	Hiking
Archery	Group Games
Canoes	Slingshots
Mini-golf	Nature Free Play
Drum Circle	Prayer Stations

Lunch is included in Gilmont's Day Camp program. Typical lunches include nachos, chicken sandwiches and tater tots, pizza, and chicken fingers and mashed potatoes. Campers will have access to fruit and a salad bar. Gilmont can accommodate many dietary preferences and restrictions. Please indicate your camper's needs on the Camper Information Form in CampBrain.

Gilmont also provides an afternoon snack. Typical snacks include combinations of cheese sticks, fruit, pretzels, or animal crackers.

ARRIVAL & DEPARTURE

ARRIVAL

Camp drop-off will be between 8:30 and 9 AM at the Welcome Center (1 on the map). For a smooth and quick check-in process on Monday, please print and complete the Medication Form on page 10 of this packet.

On Monday, please park and get out of the car with your camper(s) to check in. At Check-in:

- We confirm contact information, dietary restrictions, and authorized pickup.
- We share group assignments.
- We discuss and sign the Camper Covenant.
- The nurse collects medicine and the medication form.

Tuesday-Friday, please stay in your vehicle and drive through to drop off campers.

DEPARTURE

Camper pickup is at the Pavilion parking lot between 5:00 and 5:30 PM. Please stay in your vehicles and drive through to pick up campers.

Please be prompt in picking up your camper(s). You will be asked to show a photo ID before picking up your camper.

If a delay occurs or you would like to authorize an additional person to pick up your camper(s), please contact Gilmont's Program Director, Crosby, at crosby@gilmont.org or 903-797-6400.

CAMP MERCHANDISE

The Camp Store will be open at pick up on Friday afternoon for purchases. You can purchase shirts, hats, stickers, fanny packs, and more at this time via card, check, or cash.

MEDICATIONS

Please fill out the Medication Form (page 10) and bring it with you to check-in. Include details for all medications (including prescription, over-the-counter, vitamins, and tropical creams) your camper is bringing.

Important notes for medications:

- Medications brought to camp must be in their original container and marked with the camper's name, medication name, dosage and if prescription, doctor's name.
- You must provide a prescription/doctor's orders for the dispensing of any medication or medical care that is not covered by the prescription written on the medication.
- Only send the amount needed for camp.
- Life saving medications (epi pen and asthma inhalers) are allowed to be carried on their person or counselor's backpack, but should be presented to the Nurse first.
- To expedite the process during check-in and avoid confusion, medications should be packaged together, labeled with your camper's name, and given to the Nurse upon arrival.

CELLPHONES

Cell phones and smart watches can easily become a distraction and therefore, should be left at home. If a camper accidentally brings a phone, it will be stored in the camp office and returned at the end of the day. We believe campers benefit from spending time away from texting and constant distraction. These things will be replaced with meaningful time spent with God, camp friends, and staff.

LOST & FOUND

Lost and Found items from throughout the week will be on a table at the Pavilion during pick-up each day. We strongly recommend that you look through these items.

If you return home before realizing that your camper(s) has left something at camp, please email the Program Director at crosby@gilmont.org. If your items are found, you will have the option of picking them up at Gilmont or having the items shipped to you at your expense.

CAMP PHOTOS

Prior to the start of the camp week, you will receive a link via email to the photo album for your camper's session. We will resend the link after the session has ended. Photos will be uploaded daily throughout the camp week.

Note that if you do not give Gilmont permission to use photos of your camper on the Camper Information Form, you are likely to not have photos of your camper's time at Gilmont.

EMERGENCY COMMUNICATION

If you have an emergency or message that needs to get to your camper, please call the camp office during the day at 903-797-6400. In the event of an after-hours emergency, you may email the Program Director at crosby@gilmont.org.

In the event of a camp emergency, where we need to communicate with a large group of parents at one time, we will provide information as we are able by sending an email to the email contacts listed for your child and by texting parents who have opted into our texting program.

STAY CONNECTED

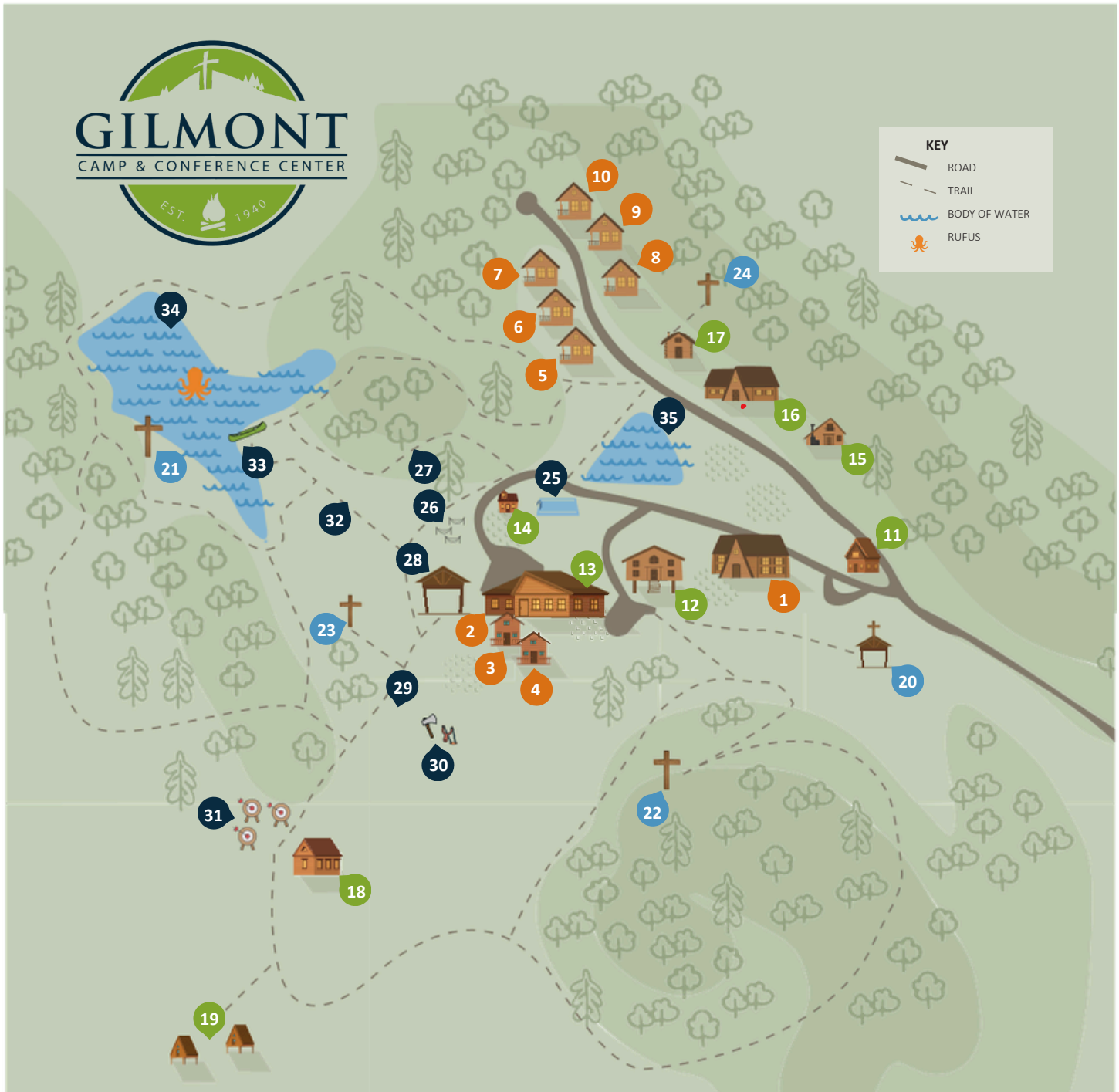
Stay connected during the camp week (and all year long!). Like and follow Camp Gilmont on Facebook, Instagram, and Tik Tok to stay informed on year-round camp programs. Visit gilmont.org for more information on retreats, events, outdoor worship, and more! Please share Gilmont with others as a destination for retreats, meetings, trainings and gatherings.

Campers (and Staff!) love energizers at camp. They are choreographed dances to fun songs that give us energy every morning. We decided the perfect name for those who support Gilmont with a recurring monthly donation should be called ENERGIZERS!

1. Go to gilmont.org/give or scan the QR code!
2. Select the amount you want to donate.
3. Select your donation frequency. We suggest monthly.
4. Select where you want to apply your donation.
    a. We suggest "Use where needed most".
5. Then click donate, create your account, and enter your payment information!

SEE YOU SOON!

If you have any additional questions, please email the Program Director at crosby@gilmont.org.



LODGES

1 SPRADLIN LODGE & WELCOME CENTER
2 LOWER LODGE
3 MIDDLE LODGE
4 UPPER LODGE

CABINS

5 PECAN
6 BLACKGUM
7 DOGWOOD
8 OAK
9 PINE
10 HICKORY

BUILDINGS

11 CAMP OFFICE
12 CRAIN CENTER
13 DINING HALL
14 CAMP STORE
15 GRACE RETREAT HOUSE
16 MACKEY HALL
17 COTTAGE
18 CADDO HALL
19 TREE HOUSES

SACRED SPACES

20 DIXON CHAPEL
21 CHAPEL BY THE LAKE
22 CHAPEL IN THE SKY
23 THE POINT
24 SARAH'S SPOT

ACTIVITIES

25 POOL
26 HAMMOCK CIRCLE
27 LOW ROPES
28 PAVILION
29 JODI'S JUNGLE
30 AXE THROWING / SLINGSHOTS
31 ARCHERY
32 ZIPLINE
33 CANOES
34 LAKE KILGORE
35 POND

Medications Form

This form to be given to camp staff upon arrival.

Camper's Name: _____

Parent/Guardian Name: _____

Phone: (H)_____(W)_____ (C)_____

All medications and this form are to be given to camp staff upon arrival at camp. Please do not pack medications in your camper's suitcase.

All medications at camp must be administered by the camp nurse. This includes aspirin, Tylenol, ointments, and vitamins as well as prescription drugs. The medication must be in its original container and marked with camper's name, medication name, doctor's name if prescription, and dosage. Attach other sheets if needed.

Medication _____ Taken For _____ Dosage (amount) _____ Give regularly? _____ OR Only when needed? _____ How often? _____ Time(s) ***(circle choices)***? 8am 12noon 6pm 9pm Special instructions or comments: _____	Medication _____ Taken For _____ Dosage (amount) _____ Give regularly? _____ OR Only when needed? _____ How often? _____ Time(s) ***(circle choices)***? 8am 12noon 6pm 9pm Special instructions or comments: _____
Medication _____ Taken For _____ Dosage (amount) _____ Give regularly? _____ OR Only when needed? _____ How often? _____ Time(s) ***(circle choices)***? 8am 12noon 6pm 9pm Special instructions or comments: _____	Medication _____ Taken For _____ Dosage (amount) _____ Give regularly? _____ OR Only when needed? _____ How often? _____ Time(s) ***(circle choices)***? 8am 12noon 6pm 9pm Special instructions or comments: _____

If severe allergic reaction occurs--is epi pen necessary? (If ***yes***, epi pen must be included with medications.)	☐ Yes	☐ No
Check who should carry the epi pen:	☐ Child	☐ Counselor

The medications on this sheet are to be administered to my child as indicated above while at camp.

Parent/Guardian: _____ / _____ _____

(Please Print) (Signature) Date