



# WELCOME TO CAMP GILMONT DAY CAMP

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We consider it a blessing and privilege to have the opportunity to welcome your camper(s) to Gilmont's Day Camp 2024! We look forward to a time of fun and spiritual growth as we make new friends and reconnect with old ones, as well as learn more about ourselves and the world around us.

The purpose of this packet is to clarify expectations, answer questions, and prepare you for a great time at Gilmont. Within this packet, you will find information that will support you and your family in getting the best experience at Day Camp. Please read the information carefully. If you have any additional questions or concerns after reviewing the materials, please contact us at 903-797-6400.

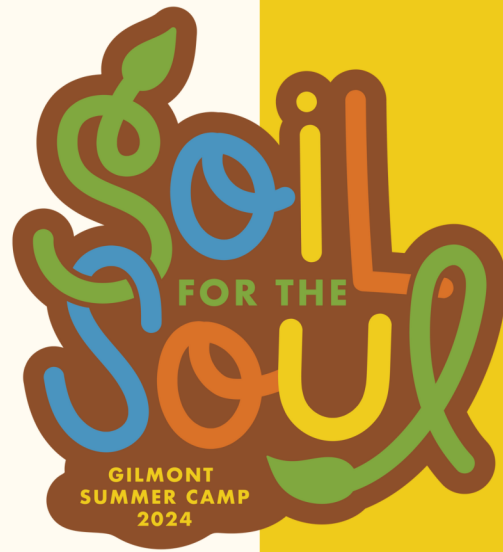
Thank you again for selecting Gilmont for your child's summer camp experience. We are looking forward to a terrific summer. We thank God for this place and work hard to nurture an environment where children can relax, have fun, build life-long relationships, and most importantly, learn how to be the full expression of what God has created them to be!

*Crosby Fleming,*  
Gilmont Program Director



# Summer Theme

Let's dig into our Summer 2024 Bible Study theme! Soil for the soul invites campers into the agrarian world of the Bible - full of stories for faithful people who connected to, learned from, and cared for the land. From God breathing life into the soil in Genesis 2, to a victorious King in 2 Chronicles who cared for the land as a way for caring for the people, to Luke's Parable of the Sower, soil is used throughout the Bible as signs of faith, care, and wellbeing. Soil for the Soul provides campers a strong foundation for their spiritual lives of campers so they can grow and bloom!



## Getting Ready For Camp

Below are a few suggestions to help your camper(s) be prepared for a fun and enriching week at Camp Gilmont.

1. Talk with your camper about coming to camp! Share with them why you are sending them to Camp Gilmont and what you hope they will get out of this experience. Listen for what they look forward to at camp.
2. Review this packet thoroughly.
3. Use our packing list and help your camper pack for camp.
4. Fill out the Dismissal Form and Medications Form found on our "Camper Information" webpage and bring them with you to camp.
5. Pack all medications in the suggestions of the Medications section of this packet.

Gilmont strives for camp to be a safe, sacred space where all campers grow closer to God, creation, others, and themselves. We are committed to supporting campers during their stay at Gilmont so they can have fun, make new friends, connect with the outdoors, and deepend their faith.

If your camper has anxiety, sensory sensitivities, autism, ADHD, or any other unique needs, please disclose this information on the Camper Information form and email [crosby@gilmont.org](mailto:crosby@gilmont.org) prior to your camper's session so we can learn how to best accomodate and support your camper and ensure a great week at camp!

Gilmont's mission is to cultivate a safe, sacred space where all are invited to grow closer to God, creation, others, and themselves.



# Packing List

To make your campers more excited about camp, we suggest they pack their own camp gear. It is also a good step of independence for your camper. Camp is a place for all to be loved and accepted as children of God. In that light, we ask that you do not bring personal items with political statements or divisive views printed on them.

- Please pack belongings in a backpack.
- Don't buy a lot of new clothing - this is camp, and we will most likely get wet and dirty!
- Don't send anything that you would consider irreplaceable (such as a favorite stuffed animal or toy).
- Label all of your child's belongings with their name or initials.

## Must Brings:

- Reusable water bottle
- Backpack
- Bible/journal/pens
- Sunscreen
- Insect repellent
- Lightweight jacket/fleece
- Swimsuit (one piece or trunks with drawstring)
- Non-white shirt to wear over swimsuit
- Sandals for pool, must have a toe and a heel strap
- Pool Towel

## What to Wear to Camp

- Shorts (modest length please)
- Shirts (T-shirts are great)
- Closed toed shoes
- Raincoat/poncho on rainy days
- Baseball cap/sun hat

## Please leave at home:

- Electronics (computers, smart watches, cell phones, tablets, game systems)
- Food, candy, or gum
- Money
- Drugs, alcohol, tobacco products
- Personal sports equipment
- Weapons (includes pocket knives)



We ask that you do NOT pack a lunch for your camper. Gilmont can accommodate many different diets. If your camper has a dietary restriction or allergy, please disclose this information on the Camper Information form. If your camper is picky, please email [crosby@gilmont.org](mailto:crosby@gilmont.org) so we can make sure they will have a lunch option they will enjoy!

# Drop Off

Drop Off for camp will be between 9:00-9:30 AM at the Pavilion parking lot.

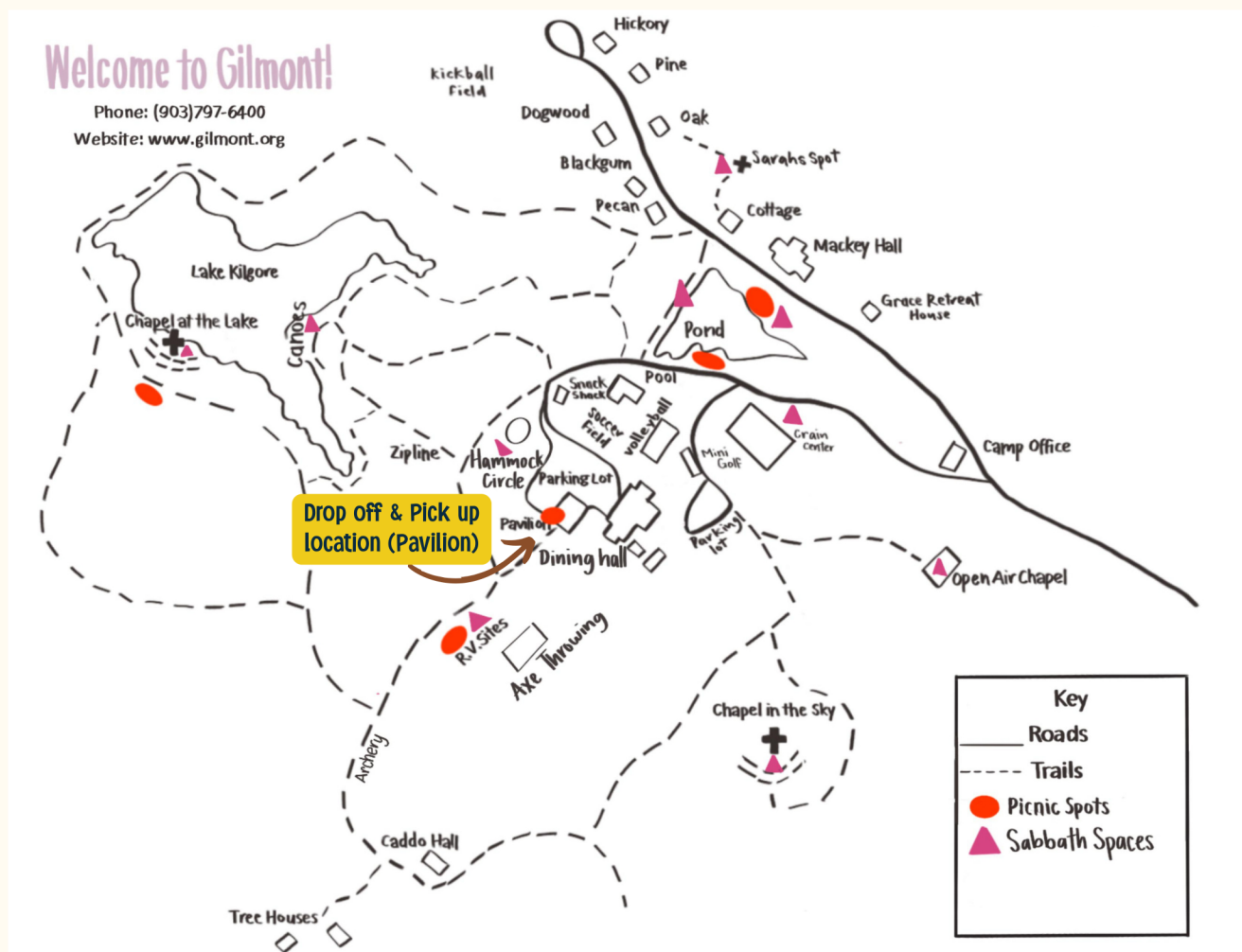
On Monday, we will confirm your contact information and any dietary restrictions for your camper. For a smooth and quick check-in process, please print and complete the Important Documents on our Camper Information page and bring them to drop-off on Monday.

The nurse will be present to accept any medicines. Please read more about bringing medication for your camper(s) on page 5 of this packet.

# Pick Up

Camper Pick Up will also be at the Pavilion parking lot between 4:00-4:30 PM. We ask that you be prompt to pick up your camper(s). If a delay occurs or you would like to authorize an additional person to pick up your camper(s), please contact Gilmont's Program Director, Crosby, at [crosby@gilmont.org](mailto:crosby@gilmont.org) or 903-797-6400. Note that you will be asked to show a photo ID at pick up each day for the safety of your camper(s).

Caregivers are invited to join us for our closing ceremony on Friday at 4:00 PM. Closing Ceremony is a short program with skits, camp songs, and a review of the week. The nurse will be present to return medication as needed.



# Medications

For a smooth and quick check-in, please fill out the Medication Form on our Camper Information webpage prior to bringing your camper(s) to camp. Include details for all medications (including prescription, over-the-counter, vitamins, and tropical creams) your camper is bringing.

Important notes for medications:

- Medications brought to camp must be in their original container and marked with the camper's name, medication name, dosage and if prescription, doctor's name.
- You must provide a prescription/doctor's orders for the dispensing of any medication or medical care that is not covered by the prescription written on the medication.
- Only send the amount needed for camp.
- Epi pen and asthma inhalers are allowed to be carried on their person or counselor's backpack, but should be presented to the Nurse first.

To expedite the process during check-in and avoid confusion, medications should be packaged together, labeled with your camper's name, and given to the Nurse upon arrival.

# Cell Phones

Cell phones and smart watches can easily become a distraction and therefore, should be left at home. If a camper accidentally brings a phone, it will be stored in the camp office and returned at the end of the day. We believe campers benefit from spending time away from texting and constant connection. These things will be replaced with meaningful time spent with God, camp friends, and staff.

# Emergency Communication

If you have an emergency or message that needs to get to your camper, please call the camp office during the day at 903-797-6400. In the event of an after-hours emergency, you may call or text the Program Director at 903-704-9073.

In the event of a camp emergency, where we need to communicate with a large group of parents at one time, we will provide information as we are able by sending an email to the email contacts listed for your child. This email will be confirmed at drop off on Monday.



## Lunch

Lunch is included in Gilmont's Day Camp program. Typical lunches include nachos, chicken sandwiches and tater tots, pizza, and chicken fingers and mashed potatoes. Campers will have access to fruit and a salad bar. Gilmont can accommodate many dietary preferences and restrictions. Please indicate your camper's needs on the Camper Information form or email [crosby@gilmont.org](mailto:crosby@gilmont.org).

Gilmont also provides an afternoon snack. Typical snacks include combinations of cheese sticks, fruit, pretzels, or animal crackers.

## Camp Merchandise

The Snack Shack which contains all of Gilmont's merchandise (shirts, hats, stickers, fanny packs, and more) will be open at pick up on Friday afternoon for purchases. You can also order Gilmont merchandise at [Gilmont.org/store](http://Gilmont.org/store) and select "pick-up" to receive items during the week.

## Lost and Found

Lost and Found items will be on a table at the Pavilion during departure. We strongly recommend that you look through these items.

If you return home before realizing that your camper(s) has left something at camp, please email the Program Director at [crosby@gilmont.org](mailto:crosby@gilmont.org). If your items are found, you will have the option of picking them up at Gilmont or having the items shipped to you at your expense.

## Stay Connected

Stay connected during the camp week (and all year long!). Like and follow Camp Gilmont on Facebook, Instagram, and Tik Tok to stay informed on year-round camp programs. Visit [gilmont.org](http://gilmont.org) for more information on retreats, events, outdoor worship, and more! Please share Gilmont with others as a destination for retreats, meetings, trainings, and gatherings.

Campers (and Staff!) love energizers at camp. They are choreographed dances to fun songs that give us energy every morning. We decided the perfect name for those who support Gilmont with a recurring monthly donation should be called **ENERGIZERS!**

### BECOMING A GILMONT ENERGIZER!

WHEN A LOT OF PEOPLE MAKE A MONTHLY COMMITMENT, NO MATTER THE AMOUNT,  
WE CAN KEEP THE CAMP RUNNING SMOOTHLY ALL YEAR LONG.  
YOUR GIFT IS IMPORTANT AND LIFE-GIVING!

Scan this QR code or go to  
[gilmont.org/give](http://gilmont.org/give)



1. Select the amount you want to donate.
2. Select your donation frequency. We suggest monthly.
3. Select where you want to apply your donation. We suggest "Use where needed most".
4. Then click donate, create your account and enter your payment information!