

## Gilmont Communicable Disease Protocols

To mitigate the spread of communicable disease at Camp Gilmont, the following policies and procedures will be in place. In this plan the word “participant” refers to family members at Family Camp, campers at Summer Camp, staff members and guests for Gilmont retreats. Please contact the Executive Director of Operations if you have questions or concerns about the following guidelines.



### Before and During Arrival

1. All participants will sign a waiver that acknowledges risks associated with being at camp.
2. Overnight summer campers will receive a temperature check with a no touch thermometer.

### Hand Sanitizing

Multiple hand sanitizing stations are available around camp. Participants are encouraged to sanitize their hands when hand washing is not available or when entering and exiting a building.

### Hand Washing

Participants should be taught the appropriate way to wash hands at the beginning of each camp session or retreat. Signs are posted by each sink showing the best handwashing practices. Hand washing should occur before meal times, after restroom times and multiple other times a day. If you notice a participant who is sneezing or coughing in their hands they should be asked to wash their hands, and if necessary, see the nurse or health care representative.

### Masks

Masks are optional for participants at any time when community levels are low (see COVID-19 response section). In the case of community levels at Medium or High, masks will be strongly recommended and/or required.

### Small Groups

Small Groups, Family Groups, and Households are designated upon arrival at camp. Smaller groups are encouraged to help keep the possibility of spread at a lower level.

### Sanitizing of Spaces

1. After meal times, tables will be cleaned with warm water and soap, followed by disinfectant spray. This will also include the sanitation of all light switches, door handles and knobs, restroom sinks and toilets.
2. Cabins and lodge rooms used by families or groups who are already in community with one another will only be sanitized during their stay if requested by the group. Sanitizer will be available for these groups to use as desired.

### Temperature Check

1. Overnight campers will have their temperature checked upon arrival and every morning. During this time the nurse or health care representative will check in with each participant about how they are feeling.
2. If a participant is found with a temperature at or above 100.4\* they will be sensitively moved to an isolation area for further evaluation, and continue monitoring systems as stated below.

## **Monitoring Symptoms**

1. Participants and Group Leaders are encouraged to monitor symptoms of themselves and those in their care. If any participant is feeling unwell, they are to see the nurse or health care representative.
2. While in isolation, symptoms will be monitored. After 30 minutes of resting and hydrating, if a temperature persists or the participant has other symptoms the nurse or health care representative will contact the participant's emergency contact. The emergency contact will have the option to pick up the participant, have the participant transported to Health Fast in Gilmer for evaluation, or have the participant tested for Covid. Camp Gilmont has access to rapid Covid tests to screen participants with participant/parent permission.
3. If the nurse or health care representative determines that there is an emergency, 911 will be called and the participant's emergency contact will be notified.

## **COVID-19 Response**

Gilmont Summer Camp's response to COVID-19 will shift depending on the Covid-19 community level, as defined by the Centers for Disease Control and measured in the county where Gilmont is located: Upshur County. The current community level can be found at any time at [cdc.gov](https://www.cdc.gov).

Gilmont is following CDC procedures with regard to isolation, quarantine, and testing. The CDC COVID-19 guidance for Day and Overnight Camps can be found [here](#).

This document shares Gilmont's response and how the camp will respond at each level. [Click Here](#)

## **Communication**

1. Participants are asked to communicate with Camp Gilmont if, upon their departure, they return home and experience a positive COVID test.
2. Participants and proper health officials will be notified if there is ever a positive case of COVID-19 related to a participant who attended camp. This will be communicated by email and email addresses will be confirmed upon arrival at camp.

## **Close Contact**

Close contact is defined as someone who was less than 6 feet away from an infected person for a cumulative total of 15 minutes or more over a 24-hour period.

## **Definition of Vaccination Status**

The CDC has used a three-tiered COVID-19 vaccination status:

1. Up to date (with all eligible boosters)
2. Fully vaccinated (having completed the primary series)
3. Not vaccinated.

Vaccination status has important implications for who needs to quarantine when exposed to a case of COVID-19. Additionally, up-to-date status now applies to all ages five and older, who are now eligible for boosters.

## **Isolation Following Positive Test Result**

According to the CDC, isolation is for those who are sick or who have been tested positive with COVID-19, regardless of vaccination status.

Participants who have symptoms of COVID-19 should get tested and isolate away from others until they receive their test results.

Anyone who tests positive for COVID-19, regardless of vaccination status, will isolate away from others for at least 5 days. Participants who choose to isolate at the camp will use available lodge rooms. Multiple participants who have tested positive for COVID-19 can be housed together to complete at least 5 days of isolation, possibly in an available cabin. If it is not possible to separate participants who test positive for COVID-19 from others, they should be sent home when possible to complete the 5-day isolation period.

Participants who have completed at least 5 days of isolation need to wear a well-fitting mask around others through day 10. These participants can return to daytime activities, provided they wear a mask. They will be separated from the group when they cannot wear a mask, for example when they are sleeping or eating.

Participants who have completed at least 5 days of isolation can be housed together for sleeping during days 6-10 if necessary.

### **Exposure and Unvaccinated Participants**

According to the CDC, quarantine is for those who have been exposed to COVID and are not showing symptoms.

Participants who are not up to date on COVID-19 vaccines will quarantine for 5 full days if they have come into close contact with someone who has COVID-19. After 5 days participants should be tested for COVID-19. After the 5 day quarantine period, participants should monitor for symptoms through day 10 of exposure and wear a mask.

Participants who have completed at least 5 days of quarantine need to wear a well-fitting mask around others through day 10. These participants can return to daytime activities, provided they wear a mask. They should be separated from the group when they cannot wear a mask, for example when they are sleeping or eating.

Participants who have completed at least 5 days of quarantine can be housed together for sleeping during days 6-10 if necessary

### **Exposure and Vaccinated Participants**

Participants who are up to date on COVID-19 vaccines do not need to quarantine if they come into close contact with someone who has COVID-19. These participants should still monitor their symptoms and wear a mask through day 10 of exposure.

If participants were exposed to COVID-19 and had confirmed COVID-19 within the past 90 days they do not need to quarantine but should monitor their symptoms and wear a mask for up to 10 days following exposure.