

"Light and Life: A Midweek Fall Retreat"

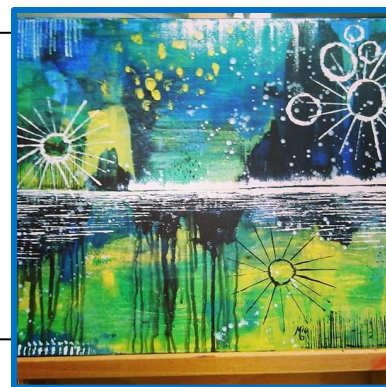
October 24-26, 2016 at Gilmont



Rev. Betsy Lockhart, retreat shepherdess, invites us to consider that “being involved with a group that is sitting in silence, while working with their hands, is golden. It is just simply good for the soul. The point is not to produce great works of art, but rather to be in communion with our own inner light, our quiet creative selves, and to let that light shine. This is one of God's great mysteries and what we hope to experience while in Retreat.”

Simple and beautiful stained Glass Project

Intuitive Painting



Nature Walks and Photography.

Dutch Oven cooking

Tai Chi for focus, balance and coordination - for any level of mobility.



Located just 5 minutes Northeast of Gilmer on Hwy 155, Gilmont is a beautiful retreat center with comfortable accommodations and inviting outdoor spaces. Cost is \$150 and includes meals, lodging, and sessions.



Register at www.gilmont.org > Retreats

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