



The Language of Living, Laughing, and Loving

February 12-14, 2016



Hank Hunt



Regina Hunt

Guided by Regina and Hank Hunt, Spiritual Director and Pastoral Counselor, both human beings *extraordinaire* (please visit clearmindpeacefulsoul.com to learn more about them). We will spend time developing and practicing the art of more effective and spiritually intentional communication between people. Our focus will especially be on communicating in love with those whose relationships fill our lives.

In Ephesians 4:15 we are told that we should be “Speaking the truth in love.” Sometimes that is difficult to do. Sometimes we think we are, but the listener hears it differently. Communication is not always easy. It is not always easy with a spouse or partner. It is not always easy with your kids, young or old. It is not always easy to speak the truth in love to coworkers. (Hmmm, do we have to?)

Our lives are filled with relationships. In some of those relationships, we find ourselves laughing and playing and having lots of fun. There are times when those joyful relationships become stressed and complicated and speaking the truth in love is needed. How do we do that? How do we return to the joy?

There are times when the love we associate with eros is inspiring and informing our actions and our words. Even then communication, the words we choose to use are important. Right?

Then there is “the love of a parent.” What does that mean to you? Is it unconditional? Is it tough love? Is it filled with expectations? How do you communicate with your children? How did your parents communicate with you? Parenting is steeped in lots of questions. Speaking the truth in love matters in parent – child relationships. How can we best do that?

Okay, granted, this all sounds rather “heavy,” but with the leadership of Hank and Regina, there is bound to be music and fun along with the “ah-hah moments.” The schedule will allow for hiking, canoeing, and hammocking ?).

There will be good food too. After all, food may be the first language of love we all experienced.

It promises to be a great weekend that focuses on relationships so participants need to bring spouses, fiancés, partners, family members, or other persons with whom they are in significant relationships. So join us for inspiration, insight, and invigoration. You are bound to have a good time. And that’s the truth!

Clear Mind  Peaceful Soul

Learn more about our speakers by
visiting their website:

<http://clearmindpeacefulsoul.com/>

More at www.gilmont.org

903-797-6400 info@gilmont.org

Cost is \$190 for Single \$300 for Double

